

COURSES

> Ericksonian Hypnosis <

Contents

Every person is unique. Therefore psychotherapy must be formulated to respond to to that very uniqueness of individual needs, instead of trying to adapt people to correspond to preconceptions dictated by a hypothetic history of human conduct.

> DR. MILTON H. ERICKSON

Conducted by Gustavo Zepeda Carranza (Master Certified in the NLP Center of New York), we offer an Associate Degree Course in Ericksonian Hypnosis , which is to take place during three intensive session at weekends.

> OBJECTIVES:

Participants will learn to develop a state of trance, including all elements required for induction and those needed for eliciting trance phenomena and trance conduct.

By means of Ericksonian criteria for diagnosis, participants will learn to analyze information about the personal styles and values of subjects, in order to attain higher response from clients.

Participants will be helped to develop effective ways of communicating for achieving trance phenomena.

> METHODOLOGY:

Theoretical presentation, experiential and practical exercises, live demonstrations, showing and discussion of some of Milton Erickson's videotaped seminars recorded during 1979 and 1980.

> AIMED FOR:

Health professionals, psychologists, psychiatrists, Psychiatry residents and professionals with a psychotherapeutic background.